



S.	How can we manage risk in different places?
Health and Wellbeing	Keeping safe; Out and about; Recognising and managing risk
In this unit pupils learn:	 how to recognise, predict, assess and manage risk in different situations how to keep safe in the local environment and less familiar locations (e.g. near rail, water, road; fire/firework safety; sun safety and the safe use of digital devices when out and about)
	• how people can be influenced by their peers' behaviour and by a desire for peer approval; how to manage this influence
	 how people's online actions can impact on other people how to keep safe online, including managing requests for personal information and recognising what is appropriate to share or not share online
	 how to report concerns, including about inappropriate online content and contact that rules, restrictions and laws exist to help people keep safe and how to respond if they become aware of a situation that is anti-social or against the law
PSHE Association Programme of	HI2: about the benefits of sun exposure and risks of overexposure; how to keep safe from sun damage and sun/heat stroke and reduce the risk of skin cancer
Study references:	H37: reasons for following and complying with regulations and restrictions (including age restrictions); how they promote personal safety and wellbeing with reference to social media, television programmes, films, games and online gaming
	H38: how to predict, assess and manage risk in different situations H41: strategies for keeping safe in the local environment or unfamiliar places (rail, water, road) and firework safety; safe use of digital devices when out and about

	H42: about the importance of keeping personal information private; strategies for keeping safe online, including how			
	to manage requests for personal information or images of themselves and others; what to do if frightened or worried			
	by something seen or read online and how to report concerns, inappropriate content and contact			
	H47: to recognise that there are laws surrounding the use of legal drugs and that some drugs are illegal to own, use			
	and give to others			
	R12: to recognise what it means to 'know someone online' and how this differs from knowing someone face-to-face;			
	risks of communicating online with others not known face-to-face			
	RI5: strategies for recognising and managing peer influence and a desire for peer approval in friendships; to recognise			
	the effect of online actions on others			
	R23: about why someone may behave differently online, including pretending to be someone they are not; strategies			
	for recognising risks, harmful content and contact; how to report concerns			
	R24: how to respond safely and appropriately to adults they may encounter (in all contexts including online) whom			
	they do not know			
	R28: how to recognise pressure from others to do something unsafe or that makes them feel uncomfortable and			
	strategies for managing this			
	R29: where to get advice and report concerns if worried about their own or someone else's personal safety (including			
	online)			
	LI: to recognise reasons for rules and laws; consequences of not adhering to rules and laws			
	L5: ways of carrying out shared responsibilities for protecting the environment in school and at home; how everyday			
	choices can affect the environment (e.g. reducing, reusing, recycling; food choices			
	LI5: recognise things appropriate to share and things that should not be shared on social media; rules surrounding			
	distribution of images			
Key vocabulary:	risk: firework safety; sun safety; online safety; behaviour; peer pressure; sharing information; reporting; appropriate;			
	inappropriate; rules; restrictions; laws; drugs; alcohol; tobacco; shared responsibilities; consequences			
No Outsiders Text:	'Dogs Don't Do Ballet'	Learning Intention:	Success Criteria:	
DOCS State of the second	by Anna Kemp	To choose when to be assertive	I know what assertive means	
			I know why being assertive is sometimes hard	