

Primary School Lunch Menu

Week 1 Monday

South Gosforth's First School



**Cheese &
Tomato Pizza**



**Quorn Keema
Curry**



Cheese Sandwich



**Jacket Potato
with Choice of
Fillings
Cheese or
Baked Beans**

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Primary School Lunch Menu

Week 1 Tuesday

South Gosforth's First School



Lasagne



**BBQ Quorn
Fillet**



**Ham
Sandwich**



**Jacket Potato
with Choice of
Fillings
Cheese, Tuna or
Baked Beans**

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Primary School Lunch Menu

Week 1 Wednesday

South Gosforth's First School



**Mince and
Dumplings**

Red



**Meat Free
Cheese Burger**

Green



**Tuna
Sandwich**



**Jacket Potato
with Choice of
Fillings
Cheese, Tuna
or Baked Beans**

Yellow

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Primary School Lunch Menu

Week 1 Thursday

South Gosforth's First School



**Roast Pork
With Sage &
Onion Stuffing**



**Homemade
Lentil &
Vegetable Soup**



Cheese Sandwich



**Jacket Potato
with Choice of
Fillings
Cheese, Tuna or
Baked Beans**

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Primary School Lunch Menu

Week 1 Friday

South Gosforth's First School



**Cod
Fish Fingers**

Red



**Cheese & Onion
Quiche**

Green



**Ham
Sandwich**



**Jacket Potato
with Choice of
Fillings
Cheese, Tuna
or Baked Beans**

Yellow

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Primary School Lunch Menu

Week 2 Monday

South Gosforth's First School



Macaroni Cheese



Vegetable Fingers



Cheese Sandwich



**Jacket Potato
with Choice
of Fillings
Cheese or
Baked Beans**

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Primary School Lunch Menu

Week 2 Tuesday

South Gosforth's First School



Red

**Baked Low
Fat Sausages**



Green

**Chinese Style
Vegetable
Curry**



Orange

**Tuna
Sandwich**



Yellow

**Jacket Potato
with Choice of
Fillings
Cheese, Tuna or
Baked Beans**

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Primary School Lunch Menu

Week 2 Wednesday

South Gosforth's First School



**Spaghetti
Bolognese**



Cheese Omelette



Ham Sandwich



**Jacket Potato
with Choice of
Fillings
Cheese, Tuna or
Baked Beans**

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Primary School Lunch Menu

Week 2 Thursday

South Gosforth's First School



**Roast Chicken
Fillet**



Tuna Sandwich



**Cheese Tortilla
Wedge**



**Jacket Potato
with Choice of
Fillings
Cheese, Tuna or
Baked Beans**

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Primary School Lunch Menu

Week 2 Friday

South Gosforth's First School



Red

Cod Fishcake



Green

**Quorn &
Vegetable Pie**



Orange

Cheese Sandwich



Yellow

**Jacket Potato
with Choice of
Fillings
Cheese, Tuna or
Baked Beans**

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Primary School Lunch Menu

Week 3 Monday

South Gosforth's First School



**Pasta
Pomodoro**

Blue



Cheese Sandwich

Orange



**Fishless
Fish
Fingers**

Green



**Jacket Potato
with Choice
of Fillings
Cheese or
Baked Beans**

Yellow

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Primary School Lunch Menu

Week 3 Tuesday

South Gosforth's First School



**Chicken
Jalfrezi**



Quorn Burger



Tuna Sandwich



**Jacket Potato
with Choice of
Fillings
Cheese, Tuna or
Baked Beans**

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Primary School Lunch Menu

Week 3 Wednesday

South Gosforth's First School



**Meatballs in
Gravy**

Red



**Pizza
Margherita**

Green



Ham Sandwich



**Jacket Potato
with Choice of
Fillings
Cheese, Tuna
or Baked Beans**

Yellow

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Primary School Lunch Menu

Week 3 Thursday

South Gosforth's First School



**Roast Beef
with Yorkshire
Pudding**



**Quorn
Dippers**



**Tuna
Sandwich**



**Jacket Potato
with Choice
of Fillings
Cheese,
Tuna or
Baked Beans**

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Primary School Lunch Menu

Week 3 Friday

South Gosforth's First School



**Crispy Coated
Fish**

Red



**Quorn Sausage
Roll**

Green



**Cheese
Sandwich**



**Jacket Potato
with Choice of
Fillings
Cheese, Tuna or
Baked Beans**

Yellow

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